

ISSUE No 51 • NOVEMBER 2007

Tangent

50 NEWS

- MIDLAND REGIONAL LUNCHEON FORM
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- NAGM TANGENT DAY LUNCHEON FORM
- NATIONAL VICE PRESIDENT'S NOMINATION FORM
- NATIONAL SALES OFFICER'S NOMINATION FORM
- RESOLUTION FORM



'Let friendship continue'

WITH
THIS ISSUE
YOU SHOULD HAVE
RECEIVED:

President's Page

Joan's Journal

I can hardly believe that I am almost half-way through my Presidential year!

THIS certainly is a very special year and I feel very privileged to be your National President. I would like to say a huge thank you to all the members and their husbands who have shown me such amazing hospitality.

I have visited many Tangent Clubs for Friendship evenings, Charter Anniversaries, Open Evenings, and Celebration Lunches. Congratulations to all the members who have worked so hard to ensure the success of these events. The fun and friendship are really special - Tangent at its very best.

Tangent Regional Lunches are certainly very special days. We have had four super luncheons starting with the Welsh Luncheon in Cardiff in May. A Golden Celebration of fifty years of Tangent for Wakefield which held the Northern Lunch in June. In September, the ladies of C.A.T.S. hosted the Scottish Lunch, and Exeter Tangent hosted the South West Lunch. Each lunch has been so very special, the culmination of much planning and pontificating, hopefully with the odd glass! I hear people reminisce about events we planned as Circlers. Well, Tangent members certainly haven't lost their touch! Many thanks to all those Tangents for such a super day. If you have never been to a Regional Lunch, do make a date to go sometime soon.

I had a super start to my year. On 28 April National Secretary Gill Young and I took greetings to Tangent and Ladies Circle Germany at their A.G.M. in Jever. We were warmly welcomed and it was interesting to see how Circle and Tangent 'do it differently' in Europe. We hope Renate, President of Tangent Germany will be able to join us in Torbay.

I also took greetings to Ladies Circle N.A.G.M in Cardiff when Geoff and I were guests of Circle at the R.T.B.I Conference in Cardiff. What a lively N.A.G.M. that was. Who says AGMs are boring! Speaking of this, we hope to see more of you at our NAGM in Torbay on 12 April 2008.

My theme this year is **YOU CAN MAKE A DIFFERENCE**. We would welcome your involvement and support. If you would like to see some changes to the Association, please come along and have your say. Call me or Gill Young (National Secretary) if you need help to do this.

I am pleased to report that representatives from the Executive of the four clubs meet quarterly in Marchesi House where we have the opportunity to get to know our counterparts in all four organisations and we can discuss problems common to us all as we move positively into the future. Ladies Circle are few in number but the energy that they give to their activities is amazing. They certainly put **FUN** into **FUN**draising. I hope that Tangent clubs will reach out to Circlers where a club is closing and bring these girls into Tangent.

As you know Isle of Man Tangent are hosting a President's Charity Ball on 16 February. You are all most welcome. We would love to welcome you to the island and although it will hardly be tropical, the welcome will be warm. Please see invitation for details or call me if you need help.



Thank you to all those Tangents who have kindly sent a donation to my chosen charity 'The British Heart Foundation'. Could I encourage you to support my chosen charity by holding 'TEA AT THREE' in the winter months.



Maybe hold the Tea Party for your club or open it to others. I recently attended a tea party in the North East where 'Hats and Chats' was definitely a winner and there were 75 members from 8 Tangent Clubs enjoying a super hat fashion show and definitely lots of chat!

I would love to join some of you! There are still a few spaces in my diary and I would love to visit you. So please just pick up the phone or send an email, and I will try to be there.

Your Executive this year is a super team who support me and works hard for the Association. Thank You Team.

We all wish you a Merry Christmas and a Happy New Year.

Yours in continued friendship

Joan

Please send in your contributions and photos for issue 52 by 1 February 2008

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NATIONAL ASSOCIATION OF
Tangent
CLUBS

**STOP
PRESSES**

IMPORTANT *information*

The mailings sent to you are important. Please let your Tangent Club know that you have received them. The forms for the **Midland and Irish Regional Luncheons** are enclosed along with the **NAGM Tangent Day Luncheon Form**. Come along to these events if you can, they are excellent occasions, but you do need to complete the forms and send them off as soon as possible.

Also enclosed is the Nomination form for **National Vice President 2008/2009**, and **National Sales Officer 2008/2011**. If you

would like any additional information or just a chat about the positions, please call anyone on the National Executive, we will be delighted to answer any questions. Last but not least, is the **Resolution form**. This is your chance to put your ideas forward at the National AGM in Torbay. I look forward to receiving the completed forms for National **before 31 December 2007**. Don't miss the boat – cruise along to Conference, the Tangent Day Lunch and Tangent National AGM!

GILL YOUNG - National Secretary

STRIDING OUT *for over £25,000* **IN 21 HOURS!**

On one of the wettest days of the summer, A.B.O.T.S Tangent 889 entered a team of ten in the 'Relay for Life' for Cancer Research UK.

It was the first time the event had come to Warwickshire where teams of walkers, 16 in all, took turns in completing laps of a 250 metre course. With lots of support from family and friends on the day, the A.B.O.T.S girls, lead by Club chairman Trish Handsley, raised over £4000 and completed over 265,000 steps in the steady rain averaging about 13 miles each.

It was certainly a test of endurance, but our usual team spirit prevailed assisted by vodka jellies at dusk and bacon baps at dawn! We have all committed to entering again next year. **B.J. Brown**



MEANWHILE...

‘ You know you’re getting old when you feel like the day after the night before and you haven’t even been anywhere ’

MILTON BERLE

Multi-tasking

1 + 1 + 1 + 1 + 1 = 5

EXECUTIVE 41

1 + 1 + 1 + 1 + 1 = 1

TANGENT



It takes only one woman to do the job of five men!

The responsibilities of Tangent's Immediate Past President include the Tangent website, editing Tangent News, International Officer, and Membership as well as I.P.P. It was interesting to meet with 41 Club Executive that has one man for each of the five roles.

That's why we keep our expenses and capitation so low.



A special Pat on the back

New Vice President Pat Paulson was welcomed home and congratulated by Weston - Super -Mare Chairman Jean Sutherland at their Chairman's dinner at the Batch County Hotel. Sadly outgoing Chairman Kathy Warren was not well enough to attend, but everyone was very appreciative of all that she has done for Tangent.

Pat's diary for 2008/09 is filling up fast, so please contact her soon if you have a special event you would like her to come to.

THOUGHT FOR THE DAY...

‘I exercise every morning without fail. Up, down! Up, down! And then the other eyelid.’

PHYLLIS DILLER

JOAN *in* JUNE

Shrewsbury Tangent was very honoured to be visited by National President Joan for their June meeting. Following our after dinner speaker, Joan gave a very informative briefing on National, her role and how she became involved. Gifts were then exchanged.

With 41 members, Shrewsbury Tangent hold nine dinner meetings a year at the Lord Hill Hotel, Shrewsbury, a Fellowship Lunch with guests in November, and an Outside Meeting in July. Each year a fund raiser is organised to benefit local charities. Soon to celebrate their 50th anniversary, Shrewsbury Tangent meet on the fourth Monday of each month and guests are always very welcome. **Jenny Heath IPC 2007-8**



s s s s s s s s s s s s s s s s s s h h h h h h !

The Silent Killer

OVARIAN CANCER WHISPERS

SO LISTEN... Watch for pelvic or abdominal pain or discomfort; vague but persistent gastrointestinal upsets such as gas, nausea, and indigestion; frequency and/or urgency of urination in the absence of an infection; unexplained weight gain or weight loss; pelvic or abdominal swelling, bloating and/or feeling of fullness; ongoing unusual fatigue; or unexplained changes in bowel habits. If symptoms persist for more than two weeks, see your doctor.

A Pap Test WILL NOT detect ovarian cancer.



2007

WHETTING OUR APPETITES

On a wet day in June, 236 intrepid Tangent members made their way through the stormy weather to the Northern Regional Lunch. Luckily they were greeted by Wakefield 41 Club members carrying large umbrellas to shield best dresses and hats from the elements.

In spite of the rain everyone helped to make it a special occasion for Wakefield who hosted the event, as they are celebrating their Tangent's 50th Anniversary. President Joan and Wakefield's Chairman Janice Taylor began the proceedings by cutting the cake and lighting the Candle of Friendship.

We had wonderful speeches, and Ladies Circle National President Michelle Taylor sang a song that she had made up whilst driving to the venue, what talent! Our speaker Beryl Maille had us all in stitches with tales of her "little pussy", as she painted a lovely picture which was given to one of our members.

Friendship certainly continued and it was very encouraging to talk to new Tangent members recently joined from Ladies Circle who had so enjoyed the event they were already planning

their visit to next year's lunch at Chester Race Course. Eddisbury Tangent gave us a very warm invitation to join them at the 2008 Northern Regional Lunch. So it will be great to see you all next year.

Then it was all over and still raining. 41 Club members were on hand to escort ladies back to cars. The Luncheon committee were redundant after everything was tidied away and the Tangent Executive Team headed off to their next event having helped to make the weekend a memorable one for Wakefield. A big thank you to all who attended and helped to make our Anniversary such a wonderful, happy, fun occasion.

Claire Slater Luncheon Chairman

“ I don't want a flu jab this year. I like getting flu. I gives me something else to moan about.”



WOMEN IN THE DRIVING SEAT

SAFE PARKING

When you are choosing a parking place, especially at night, look for somewhere well lit, ideally with plenty of people and public buildings around. A car park displaying a 'Secured Car Park' sign is by far the best; it will have passed a stringent inspection on all aspects of security.

Avoid parking too close to walls and high hedges, which might provide cover for a criminal. Try to visualise what your space might look like later on: for instance, when you come back when it is dark and the car park is almost empty, or when the road that was bustling in the day time is silent and empty.

Wherever you park, it is always worth having a good look around before you get out: danger can be lurking in the most innocent-looking places, including those with which you are familiar. Even at your own home, it is well worth installing a light in the doorway and cutting back any bushes and hedges around the entrance.



Before you leave your car, retract the aerial, engage the steering-lock if you have one and try to conceal items such as bags or clothing that would make it obvious that the owner is a woman.

Remove any valuables or put them in the boot. Wind up all the windows and lock all the doors, even if you are only going to be away for a few minutes. That may sound obvious but the fact is that **one car in five** is left unlocked.

When you return have your keys ready, so you do not have to rummage around at the bottom of a pocket or handbag and do not leave any bags on the roof or bonnet while you open the door.

Before you get in, look for any signs that the car has been tampered with and use a torch at night to check that there is no one hiding inside.

If you have the option, multi-storey car parks are probably best avoided at night; if you do have to use one, you will need to be particularly careful. Try to choose a spot that is well lit, close to one of the ramps or staircases, where there is likely to be a steady stream of people and, if possible, on one of the lower floors so you do not have to walk too far.

If there is an attendant try and park as close as you can to his booth. When you return, let him know your floor number and, if you have a personal alarm, tell him what it sounds like, so that he will recognise it if you have to call for help.

Courtesy of Keith Howard, Independent Security Consultant & Ex Devon Constabulary,

National President 41 Club

RAINBOW NUNS

C.A.T.S. 886



In true 'CATS ON A JOLLY' style, the girls changed into their Rainbow Nuns outfits in the foyer of the theatre, as one does... But then it was a production of 'Sing Along A Sound Of Music', so that was all right! The transformation certainly amused passers by. Then into the auditorium, where points were awarded for spectacular trips (falls) up the stairs in our habits. We have to admit to looking pretty spectacular; and the 'sew-a-thon' with a production line of cutting and sewing 10 habits proved well worth it!

Diana Cheyne

AND TALKING OF KNICKERS...

Whitchurch Tangent Club recently celebrated its thirtieth Birthday. Whitchurch Chairman, Shelagh Pritchard Jones and members were joined by National President, Joan Crabtree, Ladies Circle Area 39 Chairman Ruth Clayton, (who is a Whitchurch Circler), and Ladies Circle Area 39 Secretary and Whitchurch Ladies Circle Chairman, Nicola Rogers. Many other local Tangents came to support the event. The speaker, Janet Blake, gave an amusing talk about the history of knickers, modelled by Ruth Clayton.



ESSEX GIRLS GET-TOGETHER

A special event in the Tangent year is always the Friendship Evening hosted by Southend-on-Sea Tangent 5. The meeting was well supported with guests from Billericay 402, Brentwood 127, Hornchurch 89, Rayleigh 135, and Wickford 179, Tangent clubs, and Southend 101, and Southend Priory 395 Ladies Circles.

Following the excellent cuisine at the Park View Suite, National President Joan Crabtree kept everyone amused with her stories of life as a National President. Everyone was heartened by her message of friendship, and the bond between Tangent and Ladies Circle. Joan's visit to Southend ended with a traditional breakfast 'under the arches' on the seafront, a treat which she really enjoyed.

TROPHY TIME



The annual golf Friendship Trophy for the Northern Region was held on Wednesday 6 June 2007 at Shipley Golf Club, and organised this year by Haworth & District 362. Twenty eight players took part and enjoyed a day of good weather, golf, fun and friendship. The overall winner of the Friendship Trophy was Sue Holmes of Haworth & District. The picture shows all the day's prize winners along with Maureen Dore (Haworth Tangent member & ladies Captain of Shipley Golf Club 2007).

Congratulations go to Haworth Tangent for organising such a super event. They will also be organising next year's competition, so look out for details in future issues of Tangent News.



A friendship evening with

DUNMOW & DISTRICT 32

A lovely evening with National President Joan was spent at the The Hunter's Meet Restaurant in Hatfield Heath. Our speaker for the evening was Sara Farnsworth, Branch Manager at Waitrose, Bishop's Stortford. She gave a very informative talk on 'The History of the John Lewis Partnership'. This was yet another successful cluster meeting held annually by Dunmow Tangent.



Soggy SANDWICHES

BRISTOL TANGENT 2 were delighted to welcome National President Joan and her travelling companion, Corrin from the Isle of Man Tangent, to their summer party on 2 July. This is an annual event for Bristol which is always very popular as it is held at the home of a Tangent member.

Summer party was a bit of a misnomer as the rain bucketed down, but as always the Tangent spirit came through and a summer atmosphere prevailed. Norma's house provided a lovely venue although we would have had to swim to use the garden! We enjoyed a delicious supper produced by the committee, who exhibited all those culinary skills developed in Ladies Circle which make catering for large numbers such a doddle!

President Joan spent a few minutes telling us about National matters and tales of her first 'grand tour'. We were her penultimate visit of three weeks away. What staying power! We were happy to support Joan's charity for the year, The British Heart Foundation. A splendid evening of friendship!

JANE FORNEAR, *Bristol Chairman*

'the way I see it... if you want the rainbow, you gotta put up with the rain.'

DOLLY PARTON

NATIONAL PRESIDENT'S DIARY

2007

- 3 November** Wakefield 50th Birthday Lunch
5 November Bideford Tangent 600
7 November Downend Tangent 177
9 November National executive Meeting Wickford
10 November South East Regional Luncheon Wickford 179
11 November Remembrance Day Cenotaph London
12 November Bognor Regis & Chichester Tangent 394
20 November Isle of Man Tangent 549
6 December Isle of Man Tangent 549
12 December Oxford Tangent 380

2008

- 17 January** Isle of Man Tangent 549
26 -27 January NAGM Executive Planning Meeting Farnham
29 January Waterlooville & District Tangent 523
16 February President's Valentine Charity Ball - Isle of Man
20 February Camberley Tangent 277
22 February National Executive Meeting Oxford
23 February Midlands Regional Luncheon – Isis 870
27 February Walsall Tangent 9
4 March St. Alban's 114
5 March Dunstable & District 378
8 March Keynsham & District 104
50th NALC 7 40th Tangent Charter Celebrations
14-21 March Scottish Tour
17 March Carnoustie Tangent 457
18 March Bishopriggs & Kikintilloch 511
19 March Inverurie & District 650
29 March Cookstown & District 559
11-13 April 41 Club and Tangent Conference Torbay
12 April NATC LUNCHEON and NAGM Torquay

FOR MORE NEWS AND INFORMATION VISIT OUR
WEBSITE

www.tangent-clubs.org

POSSIBLE PRESIDENTIAL TOURS

2008

- 10-14 March** South West



NATIONAL EXECUTIVE 2007/08

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Continued friendship

Raindrops kept falling on her head...

Ilkeston Tangent 552 were delighted to welcome National President Joan to their June meeting when she made a surprise flying visit on her way to the Northern Regional Luncheon.

They had arranged a visit to a local private garden with a buffet meal provided. In true British summer weather style the rain started an hour before our visit so it was a very quick look around the garden, suitably clad in raincoats and under umbrellas! However, the superb buffet provided by the lady of the house made up for the disappointment of not being able to have a good look around the garden.

Ilkeston Tangent members were thrilled to have the opportunity to meet Joan and chat with her for a most enjoyable evening.



Left to Right
Judy Yates - Chairman
Joan
Pam Spalton - Secretary

GIRL POWER

What's so poignant about this picture? Well, it shows a line of little girls holding hands facing the immensity of ocean waves. Alone they might be washed away, but together they stand strong. Who knows, they may grow up to be Ladies Circlers and come on to Tangent!

Thank you for holding someone's hand somewhere along the way when they were facing a wave of their own. Remember also to reach out for Tangent hands should your own wave threaten. 'Continued Friendship' – it's what Tangent does best!



40th ANNIVERSARY

ABERDEEN TANGENT CLUB 99

Twenty five members and guests of Aberdeen Tangent Club spent a wonderful evening celebrating their 40th Anniversary on Monday 4 June, at the Falls of Feugh Restaurant, Banchory, near Aberdeen.

The new restaurant conservatory, overlooking the river Feugh, was a stunning venue. The dinner was delicious and the staff, headed by Sandra Bain, couldn't do enough for us. Sandra also piped in the Anniversary cake to the tune of 'Congratulations', which made our night.

The 3rd and 40th Chairmen, Nan Wright and Eleanor Wilkie cut the Anniversary cake. A past Chairman from each decade lit a candle for that decade.

Rona Lawrie, Chairman of Aberdeen Ladies Circle 387 proposed the toast to N.A.T.C. and Aberdeen 99 and presented Tangent Chairman, Jean Mackenzie with a candle of Friendship. Chairing the event, Jean recalled many happy memories with an amusing account of the past 40 years of the Club in rhyme. Past Chairmen Eleanor Wilkie and Isabel Stewart, and the Chairman of Aberdeen Rubislaw Tangent, Christine Illingworth recited poems poking fun at the disadvantages of old age and had the company in stitches.

All too soon the evening came to a close and 25 ladies went home very happy and festooned in balloons!

Jean Mackenzie *Chairman Aberdeen 99*

*‘As I get older the years
just fly by. I don't think
there was an April this year.’*

JEREMY HARDY



Jean Mackenzie (Chairman), Eleanor Wilkie (Immediate Past President)

Back Row L to R

Christine Illingworth, Fiona Ewing, Sheila Munro, Barbara Cow, Alison Milne, Pat Anderson, Evelyn White, Margaret Yeats, Eleanor Wilkie, Jean Mackenzie, Mary Gray, Pauline Radcliffe, Sandra Forbes, Valerie Signorini, Dorothy MacMillan, Beth Robertson, May Healy, Liz Scott, Muriel Reekie, Carol Fordyce

Front Row

Rona Lawrie, Nan Wright, Maisie McIntosh, Kathleen Stroud, Isabel Stewart



JUST ONE STORY...

remembering someone special

Tangent 535, Ladies Circle and Round Table, all of Elland, West Yorkshire, along with family and friends of Diane Dean have given £1000 to Macmillan.

Diane was a much loved member of Elland Tangent, but sadly lost her fight to a very aggressive breast cancer in October 2006 at the young age of 52.

The presentation took place at the Calderdale Royal Hospital, Halifax at the Macmillan Suite where Diane was cared for. The money has bought paintings and books to create a more homely atmosphere, a CD player, a blood pressure machine and electric fans.



Presentation at the Macmillan Suite, Halifax.
In memory of Diane Dean, Tangent member of Elland

Diane's husband, Alan, said "She got so much into helping other people during her life, this was our way of remembering her and doing something worthwhile. She was well looked after at the Macmillan Suite. We wanted to mark the effort of the nurses there."

**WE ARE
MACMILLAN.
CANCER SUPPORT**

OCTOBER 2007

We are very sad to have been advised of the following deaths



Elaine Mason	Aberdeen & District 99
Kathleen Flynn	Aberdeen & District 99
Valerie Neville	Amphill & District 504
Clarice Cole	Amphill & District 504
Marian Brown	Bexley 25
Sheila Reading	Bishop's Stortford 269
Jane Hook	Blackpool Progress 397
Joan Irving	Bromsgrove 91
Janet Metcalf	Bromsgrove 91
Jean Clements	Bromsgrove 91
Chenda Brazier	Bromsgrove 91
Edith Seed	Bromsgrove 91
Maura Berryman	Burnham-on-Sea 338
Joan Lowis	Derby 22
June Longdon	Derby 22
Ann Collett	Derby 22
Diane Dean	Elland 535
Pat Dunlop	First in Ireland 140
Jenny Geddes	Hemel Hempstead 398
Sue Ridgeway	Rickmansworth 284
Cherida Braithwaite	Shrewsbury 24
Elsie Garbutt	Sutton Park 363

Tangent is very grateful for all that they have done for the Association during their lifetime, and our thoughts and prayers are with their families and friends at this difficult time. Individual tributes to the ladies mentioned above can be found on our website www.tangent-clubs.org.

We fully realise that some members do not have access to the internet, so perhaps someone in each Tangent Club could be responsible for downloading and printing this very special item to share with others. Thank You.



NATIONAL ASSOCIATION OF Tangent CLUBS

LADIES WHO LUNCH

Saturday 10 November 2007 South East Luncheon

Hosted by Wickford 179 at the Three Rivers Country Club, Cold Norton

Saturday 23 February 2008 Midland Luncheon

Hosted by ISIS 870

Saturday 29 March 2008 Irish Luncheon

Hosted by Cookstown & District 559

Saturday 2 April 2008 Tangent Day Luncheon

The Riviera Centre, Torquay

FOR MORE NEWS AND INFORMATION VISIT OUR
WEBSITE

www.tangent-clubs.org

LADIES - DON'T FORGET TO WATCH THE CALORIES!



CALENDAR GIRLS - TEIGNMOUTH 727 RIVERIA STYLE

When Chairman Margaret informed us that "I've got the theme for this years carnival", little did we know what was coming next!! "We are going to do 'Calendar Girls'" After a stunned silence we looked at each other and collapsed with laughter!



“ We dread to think what’s in store for us next year ”

WATCH THIS SPACE!



Never let it be said that we don't have a go, and with a lot of help from 41 Club Chairman Ken and the 'boys', we once again (fifth year in a row) ran away with first prize at both Teignmouth and Dawlish Events, raising more money for our charity fund.



WALLINGTON & CARSHALTON 898

A WARM WELCOME TO THE ROUND TABLE FAMILY

Newly affiliated Tangent Club, Wallington & Carshalton 898 were delighted to share their inaugural Charter Dinner with their Ladies Circle, who were celebrating their 51st Birthday. Tangent Chairman Anne Laurie, and Ladies Circle Chairman Nicky Fryer, welcomed eighty seven members from both associations, including Tangent's National President, Joan Crabtree, Vice President, Pat Paulson, Immediate Past President, Janis Attwell, and National Sales Officer Jan Turner. Greetings were also brought from Ladies Circle Area 17 Chairman, Heulwen Evans, Wallington & Carshalton 898 Club Chairman, Alan Sharp, Round Table Area Chairman, Ian Fowkes-Smith, and Wallington & Carshalton Round Table, Chairman Nick Botfield.

This was truly a very special evening of fun and friendship. Wallington & Carshalton are an excellent example of the four clubs of the 'Round Table Family' working together.



YOUNG AT HEART

Congratulations to Vera Bryan for her 90th birthday in June. She still takes a very keen interest in Tamworth 153 and she continues to host Tangent in her lovely garden with its swimming pool. As well as starting the well known Drayton Manor Theme Park with her husband George OBE, Vera was the founder Chairman of the club in 1968.

Is Vera our oldest active member
Perhaps there is someone else
out there who is older but still
actively enjoying Tangent!





'Yours in Continued Friendship'

A delightful addition to any garden or patio, this light apricot rose is long lasting both in the garden and when cut for indoors. Repeated blooming is reliable, giving an easy to look after, trouble free plant.

AVAILABLE FOR DELIVERY PERIOD NOVEMBER 2007 TO MARCH 2008

Order forms are available on the website or from National Sales Officer Jan Turner.

A NOTE FROM THE EDITOR

A special 'thank you' to everyone who has sent copy for Tangent News. With so many interesting things going on in Tangent at every level, it really is good to provide an insight to just some of our many activities.

As well as sharing news of special events, members have asked for a few items of general interest to women to be included, particularly items concerning health and safety. Safe parking, and the early warning signs of ovarian cancer feature in this issue. Perhaps you may have something you would like to share with other Tangent members? If so please contact me.

I am delighted to feature our newest club Wallington & Carshalton 898. They are a shining example of the four clubs working together. All four Executives of the Round Table family are working together to strengthen the links between our associations, so it would be good to report on how this is filtering through to club level. It really is all about shared fun and friendship, so I look forward to hearing from you!

With Continued Friendship, **Janis**





National Association of Tangent Clubs



The National President of Tangent Clubs,

Joan Crabtree,

and the ladies of Isle of Man Tangent

invite you to attend a

Presidential Charity Ball

in aid of the British Heart Foundation

(UK and Isle of Man)

on Saturday, 16 February 2008

at the Palace Hotel and Casino

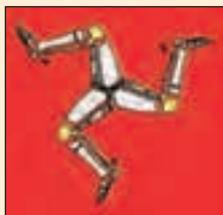
(formerly the Hilton Hotel

and Casino)

Douglas, Isle of Man

Ticket: £37.50

Black tie



'Let friendship continue'